

**What is claimed:**

1. A personal dental education kit for teaching new and advanced dental preparation and restorative procedures, comprising:
  - (a) a hard copy of printed instructions on how to use the kit and steps to accomplish discipline in the advanced dental procedures;
  - (b) audiovisual demonstration materials showing an actual dentition problem, procedures for preparation of the dentition and procedures for the dentition restoration;
  - (c) a dental model of the problem dentition for the preparation and restorative procedures;
  - (d) a dental filling material for the restorative procedure on the prepared dentition; and
  - (e) dental instruments for placement, control and shaping of the dental filling material in the restorative procedure.
- 15 2. The apparatus of claim 1, further comprising a self-evaluation test for fulfilling licensure and academic standing.
3. The apparatus of claim 1, wherein the audiovisual demonstration materials are chosen from a group comprising audiovisual, DVD, CD-ROM, videotape, pictures, illustrations and audio.
- 20 4. The apparatus of claim 1, further comprising a second model of prepared dentition.
5. The apparatus of claim 4, further comprising a third model of restored dentition.

6. A personal dental education kit for teaching new and advanced dental preparation and restorative procedures, comprising:
- (a) a hard copy of printed instructions on how to use the kit and steps to accomplish discipline in the advanced dental procedures;
  - 5 (b) audiovisual demonstration materials showing an actual dentition problem, procedures for preparation of the dentition and procedures for the dentition restoration;
  - (c) a dental model of the problem dentition for the preparation and restorative procedures;
  - 10 (d) a dental filling material for the restorative procedure on the prepared dentition;
  - (e) dental instruments for placement, control and shaping of the dental filling material in the restorative procedure; and
  - (f) a self-evaluation test for fulfilling licensure and academic standing.

15 7. The apparatus of claim 6, wherein the audiovisual demonstration materials are chosen from a group comprising audiovisual, DVD, CD-ROM, videotape, pictures, illustrations and audio.

8. The apparatus of claim 6, further comprising a second model of prepared dentition.

20 9. The apparatus of claim 8, further comprising a third model of restored dentition.

10. A method for personal dental education for teaching new and advanced dental preparation and restorative procedures with a kit including printed instructions, audiovisual demonstration materials, a dental model, a dental filling material, dental instruments and a self-evaluation test, the method comprising:

- 5           (a) reviewing the printed instructions;
- (b) intermittently watching the audiovisual materials in steps;
- (c) performing the preparation procedure step on the dental model;
- (d) performing the restoration procedure step on the prepared dental model; and
- 10          (e) taking the self-evaluation test.